

Steyl

July Retreat

22 - 28 July 2022



Steyl (Limburg) is very beautiful in summer! Our retreat will commence Friday 22 July, arriving between 13.00 and 14.30, departing Thursday 28 July after lunch. Six full days.

Programme: Vijñāna Yoga

7:30 - 12:30	Morning programme
12:30 - 16:00	Lunch and free time
16:00 - 18:00	Afternoon programme
18:00 - 19:30	Supper
19:30 - 21:00	Sitting and evening programme

Price: €960,00 Including lodging, meals, lessons and all taxes
For students in teacher training please check your programme.
Registration + €100,00 deposit. (refundable in case of cancellation of retreat due to covid). Maximum 15 participants.

All rooms are single with private bath. The accommodation is spacious and the practice room is large and airy. Covid guidelines will be in effect according to requirements.

For information and registration: shirley@yogapractice.nl

Shirley Woods | Yoga Practice | Innerspace | Amsterdam | www.yogapractice.nl