

# Yoga Practice [www.yogapractice.nl](http://www.yogapractice.nl) September 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2	3	4	5	6	7	8
9	10	11	12	13	14 12.30 - 14.15 Vijnana Yoga Exp. Beginners (1 year programme)	15
16 19.00 - 20.45 Vijnana Yoga Beginners+exp. beginners	17 9.30-11.00 Yoga for Every Body/ Basics	18 19.00 - 21.00 Vijnana Yoga (intermediate and experienced beginners)	19	20 10.30 - 12.30 Vijnana Yoga intermediate + exp. beginners	21 12.30 - 14.15 Vijnana Yoga Exp. Beginners (1 year programme)	22
23 19.00 - 20.45 Vijnana Yoga Beginners+exp. beginners	24 9.30-11.00 Yoga for Every Body/ Basics	25 19.00 - 21.00 Vijnana Yoga (intermediate and experienced beginners)	26	27 10.30 - 12.30 Vijnana Yoga intermediate + exp. beginners	28 12.30 - 14.15 Vijnana Yoga Exp. Beginners (1 year programme) (sub.)	29
30 19.00 - 20.45 Vijnana Yoga Beginners+exp. beginners						